

Run With Endurance

To live a **better New Year** you need to build a **better spiritual life!**

Life isn't getting **easier**; so we're getting **better** and **stronger**.

*"Therefore, since we are surrounded by such a huge crowd of witnesses to the life of faith, let us strip off every weight that slows us down, especially the sin that so easily trips us up. And let us **run with endurance** the race God has set before us." Hebrews 12:1 NLT*

1. Strip off every weight.

*"Let us **strip off every weight** that slows us down, especially the sin that so easily trips us up." Hebrews 12:1 NLT*

2. Keep your eyes on Jesus.

*"We do this by **keeping our eyes on Jesus**, the champion who initiates and perfects our faith. Because of the joy awaiting him, he endured the cross, disregarding its shame. Now he is seated in the place of honor beside God's throne." Hebrews 12:2 NLT*

3. Don't make light of the Lord's discipline.

*"And have you forgotten the encouraging words God spoke to you as his children? He said, "My child, **don't make light of the Lord's discipline**, and don't give up when he corrects you. For the Lord disciplines those he loves, and he punishes each one he accepts as his child." Hebrews 12:5-6 NLT*

4. Get physically strong and healthy.

*"Therefore, **strengthen** the hands that are weak and the knees that are feeble, and make straight paths for your feet, so that the limb which is lame may not be put out of joint, but rather be **healed**." Hebrews 12:12-13 NASB1995*

5. Work at living in peace.

*“**Work at living in peace** with everyone, and work at living a holy life, for those who are not holy will not see the Lord.” Hebrews 12:14 NLT*

6. Share the grace of God with people.

*“**See to it** that no one comes short of the grace of God; that no root of bitterness springing up causes trouble, and by it many be defiled; that there be no immoral or godless person like Esau, who sold his own birthright for a single meal. For you know that even afterwards, when he desired to inherit the blessing, he was rejected, for he found no place for repentance, though he sought for it with tears.” Hebrews 12:15-17 NASB1995*

7. Show gratitude to God by listening to Him.

*“Be careful that you **do not refuse to listen** to the One who is speaking. For if the people of Israel did not escape when they refused to listen to Moses, the earthly messenger, we will certainly not escape if we reject the One who speaks to us from heaven! ...Therefore, since we receive a kingdom which cannot be shaken, **let us show gratitude**, by which we may offer to God an acceptable service with reverence and awe; for our God is a consuming fire.” Hebrews 12:25 NLT, 12:28-29 NASB1995*