

## Making Change Part 1: Less Is More

*(Romans 2:28-29 NLT) For you are not a true Jew (Christian) just because you were born of Jewish parents or because you have gone through the ceremony of circumcision. No, a true Jew is one whose heart is right with God. And true circumcision is not merely obeying the letter of the law; rather, it is a change of heart produced by the Spirit. And a person with a changed heart seeks praise from God, not from people.*

*(Ecclesiastes 4:6 NIV) Better one handful with tranquility than two handfuls with toil and chasing after the wind.*

### Less Is More

*(Philippians 4:12 NIV) I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation.*

#### 1. Be thankful for what you really have.

*(Proverbs 14:30 NIV) "A relaxed attitude lengthens life; jealousy rots it away."*

*"I have noticed that God tests my faith through problems, tests my hope by how I handle possessions, and tests my love through people." - Rick Warren*

#### 2. Embrace an attitude of simplicity.

*(Psalm 131:1 KJV) "LORD, my heart is not haughty, nor mine eyes lofty: neither do I exercise myself in great matters, or in things too high for me."*

✓ **Cut back.**

✓ **Clear out.**

✓ **Put first things first.**

*"All that is not eternal is eternally useless." - C. S. Lewis*

*(Psalm 90:12 NIV) "So teach us to number our days, That we may present to You a heart of wisdom."*

### **3. Revive your relationship with God.**

*(Psalm 91:1 NLT) "Those who live in the shelter of the Most High will find rest in the shadow of the Almighty."*

*(Isaiah 32:17 NIV) "The fruit of righteousness will be peace; the effect of righteousness will be quietness and confidence forever."*