

Habits Part 2: Starting

Much of what you normally do isn't a result of conscious **choices** but a result of daily **habits**.

Goals don't determine success. **Systems** determine success.

"You don't rise to the level of your goals, you fall to the level of your systems." – James Clear

*"Now Daniel so **distinguished himself** among the administrators and the satraps by his **exceptional qualities** that the king planned to set him over the whole kingdom." Daniel 6:3 NIV*

*"At this, the administrators and the satraps tried to find grounds for charges against Daniel in his conduct of government affairs, but they were unable to do so. They could find **no corruption** in him, because he was **trustworthy** and **neither corrupt nor negligent**." Daniel 6:3-5 NIV*

*"Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, **just as he had done before**." Daniel 6:10 NIV*

Never underestimate how God can do something **big** through one **small** habit.

Based on who you want to become, what **one** habit do you need to **start**?

"I can do all things through Christ who strengthens me." Philippians 4:13 NKJV

1. Make it obvious.

2. Make it easy.

I will do _____ after I _____.

Successful people do **consistently** do what other people do **occasionally**.

Never underestimate how God can do something **big** through one **small** habit.

Goals are good for setting a **direction**, but systems are best for making **progress**.

*"Do not despise these small beginnings, for the Lord rejoices to see the work begin."
Zechariah 4:10 NLT*