

## Squad Goals Part 3: My Love Life

(Proverbs 27:19 GN) "A mirror reflects a man's face but what he is **really like** is shown by the kind of friends he chooses."

(Proverbs 18:22 MSG) "**Find a good spouse**, you find a good life—and even more: the favor of God!"

### Looking For Love

1. **Be the type of person you want to find.**
2. **Be flexible.**
3. **Be findable.**

(1 Corinthians 7:7-8,17,28 NLT) "I wish everyone were single, just as I am. Yet each person has a special **gift from God**, of one kind or another. So I say to those who aren't married and to widows—it's better to stay unmarried, just as I am... Each of you should continue to live in whatever situation the Lord has placed you, and remain as you were when **God first called you**. This is my rule for all the churches. But if you do get married, it is not a sin. And if a young woman gets married, it is not a sin... However, those who get married at this time will have troubles, and I am trying to spare you those problems."

### No Goals

- ✓ **Lost their connection to friendship.**
- ✓ **Lost their commitment to fueling love.**
- ✓ **Lost their courage to forgive.**
- ✓ **Lost their covenantal focus.**

*"In any relationship, there will be frightening spells in which your feelings of love dry up. And when that happens you must remember that the essence of marriage is that it is a covenant, a commitment, a promise of future love. So what do you do? You do the acts of love, despite your lack of feeling. You may not feel tender, sympathetic, and eager to please, but in your actions you must BE tender, understanding, forgiving and helpful. And, if you do that, as time goes on you will not only get through the dry spells, but they will become less frequent and deep, and you will become more constant in your feelings. This is what can happen if you decide to love."*

*— Timothy Keller, The Meaning of Marriage.*

## **My Love Life**

### **1. Nurture your friendship and admiration.**

*(Ephesians 4:26-27 NLT) "And "don't sin by letting anger control you." Don't let the sun go down while you are still angry, for anger gives a foothold to the devil."*

*(Proverbs 5:16 NLT) "Drink water from your own well— share your love only with your wife."*

### **2. Turn toward each other instead of away.**

*(Ephesians 4:3 NLT) "Make every **effort** to keep yourselves united in the Spirit, binding yourselves together with peace."*

### **3. Solve your solvable problems.**

*(Ephesians 4:2 NLT) "Always be humble and gentle. Be patient with each other, **making allowance** for each other's faults because of your love."*

### **4. Create shared meaning.**

*(Ephesians 5:31 NLT) "As the Scriptures say, "A man leaves his father and mother and is joined to his wife, and **the two are united** into one."*