

Worship Night: Stay Fresh

(Revelation 3:15 MSG) "I know you inside and out, and find little to my liking. You're not cold, you're not hot—far better to be either cold or hot! You're stale. You're stagnant. You make me want to vomit.

Stale Faith

Stale: no longer fresh and pleasant.

(Matthew 13:52 NASB) Jesus said to them, "Therefore every scribe who has become a disciple of the kingdom of heaven is like a head of a household, who brings out of his treasure things new and old."

Stay Fresh

(2 Corinthians 8:10 MSG) So here's what I think: The best thing you can do right now is to finish what you started last year and not let those good intentions grow stale. Your heart's been in the right place all along. You've got what it takes to finish it up, so go to it. Once the commitment is clear, you do what you can, not what you can't. The heart regulates the hands.

1. Step back.

(Exodus 23:12 NIV) Six days do your work, but on the seventh day do not work, so that your ox and your donkey may rest, and so that the slave born in your household and the foreigner living among you may be refreshed.

(Psalm 23:1-3 NIV) The Lord is my shepherd, I lack nothing. He makes me lie down in green pastures, he leads me beside quiet waters, he refreshes my soul.

2. Stand on the Word of God.

(Psalm 19:7 NIV) The law of the Lord is perfect, refreshing the soul. The statutes of the Lord are trustworthy, making wise the simple.

(Psalm 119:49-50 NLT) Remember your promise to me; it is my only hope. Your promise revives me; it comforts me in all my troubles.

(Psalm 119:89-91 NLT) Your eternal word, O Lord, stands firm in heaven. Your faithfulness extends to every generation, as enduring as the earth you created. Your regulations remain true to this day, for everything serves your plans.

3. Serve generously.

(Proverbs 11:25 NIV) A generous person will prosper; whoever refreshes others will be refreshed.

(1 Peter 4:10 NLT) God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.

4. Stop allowing some things.

(Acts 3:19 NIV) Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord.

(1 Corinthians 15:34 NLT) Think carefully about what is right, and stop sinning. For to your shame I say that some of you don't know God at all.

5. Stay close to Godly people.

(Romans 15:17-18 NIV) I was glad when Stephanas, Fortunatus and Achaicus arrived, because they have supplied what was lacking from you. For they refreshed my spirit and yours also. Such men deserve recognition.

(Philemon 1:7 NIV) Your love has given me great joy and encouragement, because you, brother, have refreshed the hearts of the Lord's people.

(Psalm 68:9 NIV) You gave abundant showers, O God; you refreshed your weary inheritance.