

Next Steps Part 2: Discovering Your Design

Sigmund Freud taught the “will to pleasure” or the “pleasure principle” which is the instinctive **seeking of pleasure** and avoiding of pain to satisfy biological and psychological needs.

Alfred Adler taught the “will to power” as our primary driving force.

Viktor Frankl taught the “will to purpose” is how we find meaning in life.

“I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may **know him better**. I pray that the eyes of your heart may be enlightened in order that you may **know the hope to which he has called you**, the riches of his glorious inheritance in his holy people.” Ephesians 1:17-18 NIV

“Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. Their responsibility is to **equip God's people to do His work** and build up the church, the body of Christ.” Ephesians 4:11-12 NLT

1. My gifts and passions.

“We have **different gifts**, according to the **grace** given us. If a man's gift is prophesying, let him use it in proportion to his faith. If it is serving, let him serve; if it is teaching, let him teach; if it is encouraging, let him encourage; if it is contributing to the needs of others, let him give generously; if it is leadership, let him govern diligently; if it is showing mercy, let him do it cheerfully.” Romans 12:6-8 NIV

2. My life experiences.

“So here's what I want you to do, God helping you: Take your everyday, **ordinary life**—your sleeping, eating, going-to-work, and walking-around life—and place it before God as an offering. Embracing what God does for you is the best thing you can do for Him.” Romans 12:1 MSG

3. My pain.

“All praise to God, the Father of our Lord Jesus Christ. God is our merciful Father and the source of all comfort. He comforts us in all **our troubles** so that we can comfort others. When **they are troubled**, we will be able to give them the same comfort God has given us.”
2 Corinthians 1:3-4 NLT

*"You made all the delicate, inner parts of my body and knit me together in my mother's womb. Thank You for making me so wonderfully complex! Your workmanship is marvelous—**how well I know it.**" Psalm 139:13-14 NLT*

✓ **Discover my gifts.**

✓ **Develop my gifts.**

✓ **Use my gifts.**

*"When the Lord **restored** the fortunes of Zion, we were like those who **dreamed**. Our mouths were filled with laughter, our tongues with songs of joy. Then it was said among the nations, "The Lord has done great things for them." The Lord has done great things for us, and we are filled with joy." Psalms 126:1-3 NIV*