

**Seven Truths That Tear Down Racism**  
with daily action steps and guided prayers

**1. I am saved by grace.** We must see ourselves and others as God's children.

*"So God created mankind in his own **image**, in the **image** of God he created them; male and female he created them." Genesis 1:27 NIV*

*"For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God." Ephesians 2:8 NIV*

Action step: pray to accept Jesus as your Savior and begin to pray for the grace of salvation to be extended to a friend.

**2. I am not superior.** We are all valuable to God and society.

*"Have this attitude in yourselves which was also in Christ Jesus, who, although He existed in the form of God, did not regard equality with God a thing to be grasped, but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. Being found in appearance as a man, **He humbled Himself** by becoming obedient to the point of death, even death on a cross."  
Philippians 2:5-8 NASB*

Action step: ask God to show you if you have mistreated anyone and then ask God and that person for forgiveness.

**3. I am submitted to other people.** We follow the Word of God and learn from collective wisdom.

*"Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; **submitting** yourselves one to another in the fear of God." Ephesians 5:20-21 KJV*

Action step: call a diverse group of people to listen and learn from them.

**4. I am speaking up.** We call out good and bad behavior.

*"**Speak up** for those who cannot speak for themselves; ensure justice for those being crushed. Yes, **speak up** for the poor and helpless, and see that they get justice." Proverbs 31:8-9 NLT*

Action step: acknowledge someone's good behavior and speak up against bad behavior.

**5. I am a Good Samaritan.** We help the hurting and disadvantaged.

*"Jesus replied with a story: "A Jewish man was traveling from Jerusalem down to Jericho, and he was attacked by bandits. They stripped him of his clothes, beat him up, and left him half dead beside the road. "By chance a priest came along. But when he saw the man lying there, he crossed to the other side of the road and passed him by. A Temple assistant walked over and looked at him lying there, but he also passed by on the other side. "Then a despised Samaritan came along, and when he saw the man, he felt compassion for him. Going over to him, the Samaritan soothed his wounds with olive oil and wine and bandaged them. Then he put the man on his own donkey and took him to an inn, where he took care of him. The next day he handed the innkeeper two silver coins, telling him, 'Take care of this man. If his bill runs higher than this, I'll pay you the next time I'm here.' "Now which of these three would you say was a neighbor to the man who was attacked by bandits?" Jesus asked. The man replied, "The one who showed him mercy." Then Jesus said, "Yes, now go and do the same.""*

Luke 10:30-37 NLT

Action step: start serving the marginalized for at least 1 hour a week.

**6. I am a safe person.** We provide safe spaces for hard conversations that bring healing.

*"Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires." James 1:19-20 NLT*

Action step: join a Small Group study focused on building bridges between races.

**7. I am systematically for the good of all mankind.** We fight for unity and equal privilege.

*"Look at my Servant, whom I have chosen. He is my Beloved, who pleases me. I will put my Spirit upon him, and he will **proclaim justice** to the nations. He will not fight or shout or raise his voice in public. He will not crush the weakest reed or put out a flickering candle. Finally **he will cause justice to be victorious**. And his name will be the hope of all the world." Matthew 12:18-21 NLT*

Action step: recognize that we all have an in-group and out-group bias so invite someone in your out-group to join your in-group.