

Genius of Jesus Part 5: Enjoyable

"Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, looking to Jesus, the founder and perfecter of our faith, who for the joy that was set before him endured the cross, despising the shame, and is seated at the right hand of the throne of God." Hebrews 12:1-2 ESV

"He who sits in the heavens laughs." Psalm 2:4 ESV

✓ **Wallowing in your past.**

✓ **Wondering about your future.**

✓ **Worrying about people.**

"Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. Life is more than food, and the body more than clothes. Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! Who of you by worrying can add a single hour to his life?" Luke 12:22-25 NIV

"I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!" John 15:11 NLT

1. Focus on what God has done.

"Instruct those who are rich in this present world not to be conceited or to fix their hope on the uncertainty of riches, but on God, who richly supplies us with all things to enjoy." 1 Timothy 6:17 NASB

"And it is a good thing to receive wealth from God and the good health to enjoy it. To enjoy your work and accept your lot in life—this is indeed a gift from God. God keeps such people so busy enjoying life that they take no time to brood over the past." Ecclesiastes 5:19-20 NLT

2. Ask God with expectancy.

"You haven't done this before. Ask, using my name, and you will receive, and you will have abundant joy." John 16:24 NLT

"I also tell you this: If two of you agree here on earth concerning anything you ask, my Father in heaven will do it for you. For where two or three gather together as my followers, I am there among them." Matthew 18:19-20 NLT

3. Make the most of today.

"This is the day the Lord has made. We will rejoice and be glad in it." Psalms 118:24 NLT

*"So be truly glad. There is wonderful joy ahead, even though you must endure many trials for a little while... Though you do not see him now, you trust him; and you rejoice with a glorious, inexpressible joy. The reward for trusting him will be the salvation of your souls."
1 Peter 1:6, 8-9 NLT*